



**Philadelphia Boys' and Girls'
Gymnastics - Fall 2021-Spring 2022**
A competitive program in the
USA Gymnastics
Men's Development Program
<www.philadelphiaboysgymnastics.org>



The primary purpose of this program is to provide Philadelphia-area youth with a quality training and competitive experience in boys' gymnastics, within the framework of the USA Gymnastics Men's Development Program. The secondary purpose is to support the Temple University Men's Gymnastics Team. Beginner girls training was added in January. Our facility is in the Wissahickon Industrial Center (building L) in the Germantown section of Philadelphia.

Levels of instruction:

All levels currently offered in the USAG Men's Development Program for boys, ages 5 to 18. USAG allows competition for levels 3 and up for the age-groups noted: Essential Elements Levels 1 & 2 (intro) for beginners 5yo+; PreTeam, Level 3 (compulsory) – minimum age 6; Level 4 (compulsory) – minimum age 7; Level 5 (compulsory) – minimum age 8; Level 6 (compulsory) – minimum age 10; Level 7 (optional) minimum age 12; Level 8 (optional) – minimum age 12; Level 9 (optional) – minimum age 14; Level 10 (optional) – minimum age 16. For girls, we offer training in beginner gymnastics with no competition. IN addition, we offer Preschool classes for ages 3-4yo.

	Boys' Training Schedule – Valid August 23-June 17	Training fees
Level 1	Sat, Sun 10-10:55a, 11-11:55a; Mon-Fri 5-5:55p = 55 min/wk	\$65/month; additional day \$55/month
Level 2	Sat, Sun 12-12:55p, Mon-Fri 6-6:55p = 55 min/wk	\$65/month; additional day \$55/month
Level PreTeam	2 days/wk, 1.5 hrs each: Mon, Tue, Thu, Fri 7:05-8:35 = 3 hrs/wk	\$175/month
Level 3	3 days/wk, 2 hrs each: Mon, Tue, Thu, Fri 4:30-6:30p = 6 hrs/wk	\$320/month
Level 4	3 days/wk, 3 hrs each: Mon, Tue, Thu, Fri 4-7p; Sat 1:30-4:30p = 9 hrs/wk	\$360/month
Level 5	4 days/wk, 3 hrs each: Mon, Tue, Thu, Fri 4-7p; Sat 1:30-4:30p = 12 hrs/wk	\$395/month
Levels 7+	4 days/wk, 3 hrs each: Mon, Tue, Thu, Fri 6-9:30p = 12 hrs/wk; extra days Wed 5-8p, Sat 10a-1p	\$395/month; extra day add \$35/month
	Girls' Training Schedule	Training fees
Beginners	Mon-Fri 4:50-5:45p, 5:50-6:45p, 6:50-7:45p; Sat, Sun 11:50a-12:45p, 12:50-1:45p = 55 min/wk	\$65/month; additional day \$55/month
	Preschool Class Schedule	
Pre-school (3-4yo)	Sat, Sun 10-10:45a, 10:50-11:35a; Mon-Fri 4-4:45p	\$65/month; additional day \$55/month

In the case of two or more from one family, after the first child, each additional child will receive 10% off the training fee. The training fee is due the first week of each month. If the fee is not received by that time, a **\$10 late fee** is charged per family for level 1-2, **\$25** for level 3 and above. A **\$120 once-per-year registration fee** is due with the team application form July 1-Dec 31 (reduced \$15/month after Jan 1). Fees are paid by cash, check, money order, Venmo, Cashapp or credit card (3% added for cc). Any family paying for 6 months at one time receives 5% discount from the 6-month total. Students register with USA Gymnastics via email from USAG.

Season calendar and activity costs for boys (September-May):

The boys' competition and activity calendar will be determined by the coaching staff prior to the start of each season. We enter a number of meets each season December-April and will send those who qualify to the various season-ending meets. Expenses for these meets and activities (travel, housing, food, entry fees, competition uniforms) will be covered by individual families and the Parents' Association (see below). **Note: These costs can total \$1000+ per season for each gymnast.**

PBG Parents' Association:

All boys' families will be required to help with the **PBGPA**. We conduct the **Fred Turoff Invitational** each February which helps defer activity costs for individual families. The president will contact any new family to give necessary information.

For more information, contact Fred Turoff at 215-204-7452 or <fturoff@temple.edu>.